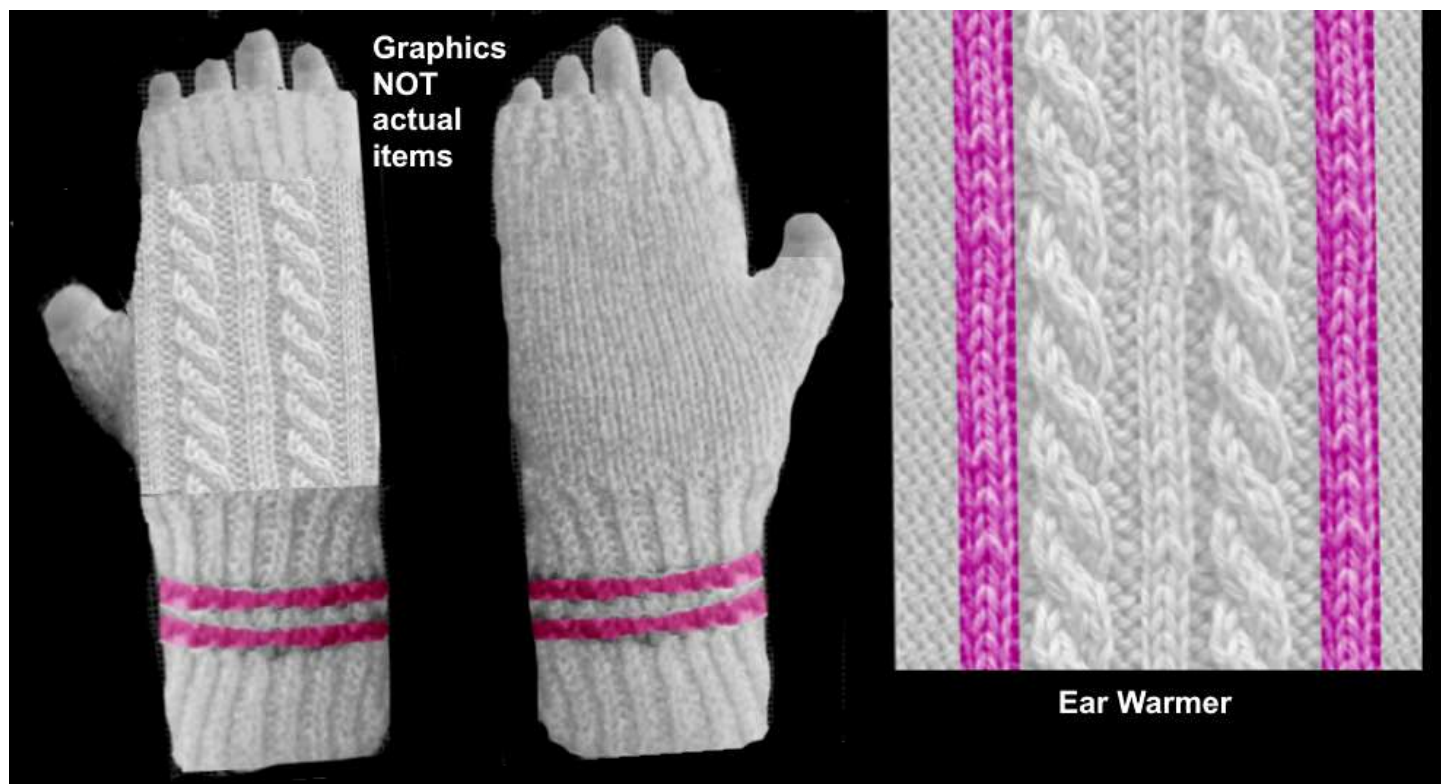


## NEW Adjusted [ALTERNATE] FINGERLESS GLOVES

By Marilyn {Ameigh} Moore [updated 11/15/2019 centering back of hand pattern]



### ABBREVIATIONS

- Alt = Alternate(ing)
- Beg = Beginning
- Dec = Decrease(ing)
- K = Knit
- K1tbl = Knit next stitch through back loop only
- Kfb = Increase 1 stitch by knitting into front and back of stitch
- P = Purl
- PM = Place marker
- Rem = Remaining
- Rep = Repeat
- Rnd(s) = Round(s)
- St(s) = Stitch(es)

### SIZES

Adult Large Size. [If you want smaller size, use smaller DPN needles.]  
7" – 7.5" is large female size = 42 cast on sts using 3.5 mm needles.

### GAUGE

- Using 3.5" mm hook and Caron Simply Soft yarn
- 6 rows = 1"
- 6 sts = 1"

## SIZE CHART – adult

**Width Measurement:** Wrap a tailor's measuring tape around your dominant hand just below knuckles, excluding your thumb, and make a fist. This measurement is your "hand width" glove size.



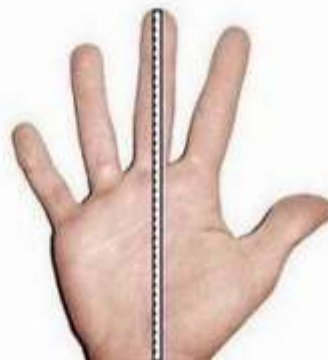
Men's sizing	
5.5-6.5 inches	XS
6.5-7.5 inches	S
7.5-8.5 inches	M
8.5-9.5 inches	L
9.5-10.5 inches	XL

Womens sizing	
4.5-5.5 inches	XS
5.5-6.5 inches	S
6.5-7.5 inches	M
7.5-8.5 inches	L

**Length Measurement:** Measure from the bottom edge of palm to the tip of your middle finger to determine your "finger length" size.

Men's sizing	
6-6.5 inches	XS
6.5-7 inches	S
7-7.5 inches	M
7.5-8 inches	L
8 inches plus	XL

Womens sizing	
5.5-6 inches	XS
6-6.5 inches	S
6.5-7 inches	M
7-7.5 inches	L



<https://www.oregonglove.com/products/glove-sizing-chart>

## MATERIALS

- Caron Simply Soft Worsted Weight Yarn in solid colors only [so cable pattern shows] {Note: Yarn should be soft and weight should be not bulky somewhere between a Category 3 DK Fashion yarn and Category 4 Worsted Weight Yarn.}
- Set of 4 (4 mm) for large size or (3.5 mm) for medium size double-pointed knitting needles **or size needed to obtain gauge.**
- Stitch marker.
- Stitch Holder.
- 3.75 mm crochet hook



## Right Glove

With set of double-pointed needles, cast on **42** sts.

Divide sts evenly on 3 needles, having **14** sts on each needle. Join in rnd. PM on first st.

### Wrist Ribbing:

**1st rnd:** \*K1tbl. P1. Rep from \* around.

Rep last rnd of (K1tbl. P1) ribbing for 3 ½”.

[Note: If you are putting a color contrast double stripe in the cuff:  
1 3/8” MC, 3/8” strip CC-MC-CC, 1 3/8” MC = 3 ½” for cuff.]

[Note: Above inches are appx: 8 rows, 2 rows, 2 rows, 2 rows, 8 rows with the 2 rows being color changes.]

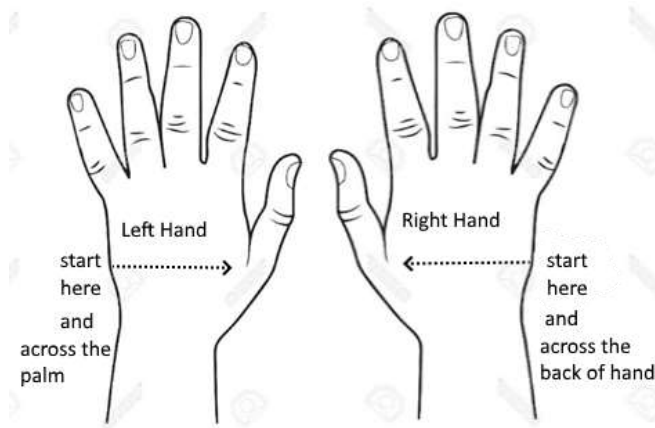
do main color for 1 3/8”,

- change colors,
- K1tbl around,
- (K1tbl. P1) ribbing for 1 row,
- change color to MC,
- K1tbl around,
- (K1tbl. P1) ribbing for 1 row,
- change color,
- K1tbl around,
- (K1tbl. P1) ribbing for 1 row,
- change color to MC,
- K1tbl around,

(K1tbl. P1) ribbing for rest of ribbing rows,



## Hand Area:



Row 1: [**Cable:** k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] k16, p2. [42 sts]

Row 2: [**Cable:** k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] k16, p2.

Row 3: [**Cable:** k2, p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, -- k2, -- p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, k2, p2,] k16, p2.

Row 4: [**Cable:** k2, p2, k4, p2 -- k2, -- p2, k4, p2, k2, p2,] k16, p2.

Row 5: [**Cable:** k2, p2, k4, p2 -- k2, -- p2, k4, p2, k2, p2,] k16, p2.

Row 6: [**Cable:** k2, p2, k4, p2 -- k2, -- p2, k4, p2, k2, p2,] k16, p2.

Row 7: [**Cable:** k2, p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, -- k2, -- p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, k2, p2,] k16, p2. . [42 sts]

Row 8: [**Cable:** k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] k16, p2. [42 sts].

## Shape thumb gusset:

- 1st rnd:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] [Gusset: (Kfb) twice,] k14, p2. [ 44 sts.]
- 2nd rnd:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] [Gusset: k4,] k14, p2. [44 sts.]
- 3rd rnd:** [Cable: k2, p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, -- k2, -- p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, k2, p2,] [Gusset: Kfb, K2, Kfb,] k 14 p2. [46 sts.]
- 4th rnd:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] [Gusset: k6,] k14, p2. [46 sts]
- 5th rnd:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] [Gusset: Kfb, K4, Kfb,] k14, p2. [48 sts.]
- 6th rnd:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] [Gusset: k8,] k14, p2. [48 sts.]
- 7th rnd:** [Cable: k2, p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, -- k2, -- p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, k2, p2,] [Gusset: Kfb, K6, Kfb,] k14, p2. [50 sts].
- 8th rnd:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] [Gusset: k10,] k14, p2. [50 sts]
- 9th rnd:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] [Gusset: Kfb, K8, Kfb,] k14, p2. . [52 sts.]
- 10th rnd:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] [Gusset: k12,] k14, p2. . [52 sts.]
- 11th rnd:** [Cable: k2, p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, -- k2, -- p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, k2, p2,] [Gusset: Kfb, K10, Kfb,] k14, p2. [54 sts.]
- 12th rnd:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] [Gusset: k14,] k14, p2. . [54 sts.]
- 13th rnd:** k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] [Gusset: Knit 14,] Slip last 14 sts just knitted onto small stitch holder (thumb opening). k14, p2. [40 sts]
- 14th rnd:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] casting on 3 sts over slipped sts, k14, p2. . [This creates a thumb hole.] [43 sts]

Working in rnds: Work pattern starting with Row 3 below until work after ribbing measures 4".

**Dec 3 sts evenly across last rnd just before you begin the top ribbing sts see note below.**

Note: I used Rows **3, 4, 1, 2, 3, 4, 1, 2, 3, 4, 1**

PATTERN – right hand glove:

**Row 1:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] k17, p2. [43 sts]

**Row 2:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] k17, p2. [43 sts]

**Row 3:** [Cable: k2, p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, -- k2, -- p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, k2, p2,] k17, p2. [43 sts]

**Row 4:** [Cable: k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2, p2,] k17, p2. [43 sts]

**Example: rows**

- 1 1 1

- 2 2

3 3 3

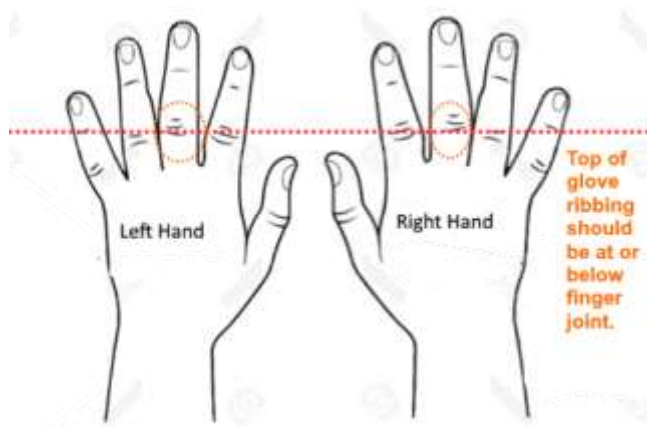
4 4 4

**Note: remember that last row has a dec of 3 stitches that are done evenly within the k17 making it k14 and finishing row with the p2. [40 sts at this point]**



## Top Ribbing: [40 sts at this point]

**Next rnd:** \*K1tbl, P1, Rep from \* around.  
Rep last rnd of (K1tbl, P1) ribbing for 1”.



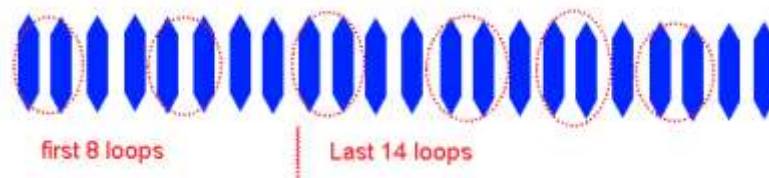
## Thumb:

**Row 1:** With RS facing, join yarn to base of thumb, pick up and knit 8 sts evenly across the base. K14 from stitch holder. Divide these 22 sts onto 3 needles **[22 sts]**

### Setting up loops for Thumb



**Row 2:** Decrease 6 stitches. **[16 sts]**



**Row 3:** Knit around evenly. **[16 sts]**

**Row 4-6:** Work 3 rnds of (K1tbl, P1) ribbing. Cast off in ribbing. **[16 sts]**

## Left Glove

With set of double-pointed needles, cast on **42** sts.

Divide sts evenly on 3 needles, having **14** sts on each needle. Join in rnd. PM on first st.

### Wrist Ribbing:

**1st rnd:** \*K1tbl, P1, rep from \* around.

Rep last rnd of (K1tbl, P1) ribbing for 3 ½”.

[Note: If you are putting a color contrast double stripe in the cuff:

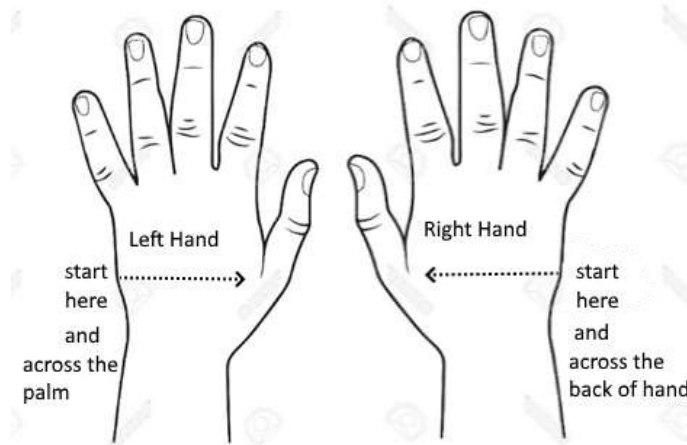
1 3/8” MC, 3/8” strip CC-MC-CC, 1 3/8” MC = 3 ½” for cuff.]

[Note: Above inches are appx: 8 rows, 2 rows, 2 rows, 2 rows, 8 rows with the 2 rows being color changes.]

do main color for 1 3/8”,  
change colors,  
K1tbl around,  
(K1tbl, P1) ribbing for 1 row,  
change color to MC,  
K1tbl around,  
(K1tbl, P1) ribbing for 1 row,  
change color,  
K1tbl around,  
(K1tbl, P1) ribbing for 1 row,  
change color to MC,  
K1tbl around,  
(K1tbl, P1) ribbing for rest of ribbing rows,



## Hand Area:



**Row 1:** P2, k16 [**Cable:** p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2]. [42 sts.]

**Row 2:** P2, k16 [**Cable:** p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2]. [42 sts.]

**Row 3:** P2, k16 [**Cable:** p2, k2, p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, -- k2, -- p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, k2]. [42 sts.]

**Row 4:** P2, k16 [**Cable:** p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2]. [42 sts.]

**Row 5:** P2, k16 [**Cable:** p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2]. [42 sts.]

**Row 6:** P2, k16 [**Cable:** p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2]. [42 sts.]

**Row 7:** P2, k16 [**Cable:** p2, k2, p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, -- k2, -- p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, k2]. [42 sts.]

**Row 8:** P2, k16 [**Cable:** p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2]. [42 sts.]



## Shape thumb gusset:

- 1st rnd:** P2, k14, Gusset: (Kfb) twice, [Cable: -- p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2.] [44 sts]  
**2nd rnd:** P2, k14, [Gusset: K4,] [Cable: -- p2, k2,, p2, k4, p2, -- k2, -- p2, k4, p2, k2.] [44 sts]  
**3rd rnd:** P2, k14, [Gusset: Kfb, K2, Kfb,] [Cable: -- p2, k2, p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, -- k2, -- p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, k2.] [46 sts].  
**4th rnd:** P2, k14, [Gusset: K6,] [Cable: -- p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2.] [46 sts].  
**5th rnd:** P2, k14, [Gusset: Kfb, K4, Kfb,] [Cable: -- p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2.] [48 sts].  
**6th rnd:** P2, k14, [Gusset: K8,] [Cable: -- p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2.] [48 sts].  
**7th rnd:** P2, k14, [Gusset: Kfb, K6, Kfb,] [Cable: -- p2, k2, p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, -- k2, -- p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, k2.] [50 sts].  
**8th rnd:** P2, k14, [Gusset: k10,] [Cable: -- p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2.] [50 sts].  
**9th rnd:** P2, k14 [Gusset: Kfb, K8, Kfb,] -- [Cable: p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2.] [52 sts].  
**10th rnd:** P2, k14, [Gusset: k12,] --[Cable: -- p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2.] [52 sts]  
**11th rnd:** P2, k14, [Gusset: Kfb, K10, Kfb,] [Cable: --- k4, p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, -- k2, -- p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, k2.] [54 sts].  
**12th rnd:** P2, k14, [Gusset: k14,] [Cable: -- p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2.] [54 sts].  
**13th rnd:** P2, k14, [Gusset: k14,] Slip last 14 sts from what you just knitted onto a small stitch holder (thumb opening) [Cable: -- p2, k2, p2, k4, p2 -- k2, -- p2, k4, p2, k2.] [39 sts].  
**14th rnd:** P2, k14, casting on 3 sts over slipped sts. [This creates a thumb hole.], [Cable: p2, k2, p2, k4, p2, -- k2 -- p2, k4, p2, k2,] [43 sts]

Work pattern starting with Row 3 below until work after ribbing measures 4",

### Dec 3 sts evenly across last rnd just before you begin the top ribbing

[Note: I used Rows 3,4,1,2,3,4,1,2,3,4,1]

PATTERN – left hand glove:

[You can use a marker to show where to start cable sequence.]

**Row 1:** P2, k17, [Cable: p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2]. [43 sts]

**Row 2:** P2, k17, [Cable: p2, k2, p2, k4, p2, -- k2, -- p2, k4, p2, k2]. [43 sts]

**Row 3:** P2, k17 [Cable: p2, k2, p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, -- k2, -- p2, place 2 stitches on cable needle and hold to front, k2, k2 from cable needle, p2, k2]. [43 sts]

**Row 4:** P2, k17, [Cable: p2, k2, p2, k4, p2, -- k2,-- p2, k4, p2, k2]. [43 sts]

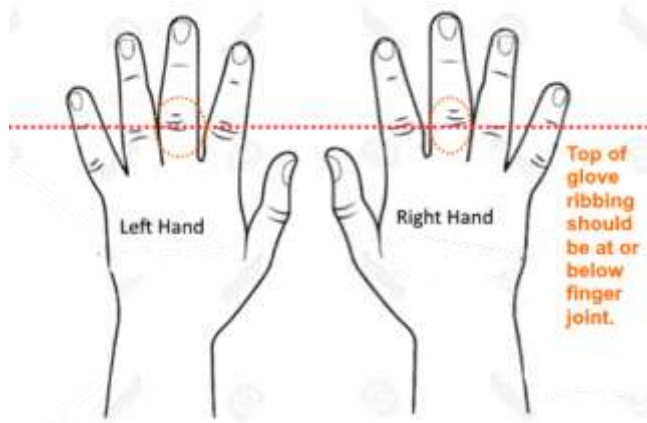
#### Example: rows:

-	1	1	1
-	2	2	
3	3	3	
4	4	4	

**Note:** remember that last row has a dec of 3 stitches that are done evenly within the k17 making it k14 and finishing row with the p2. [40 sts at this point]

## Top Ribbing:

**Next rnd:** \*K1tbl, P1, rep from\* around.  
Rep last rnd of (K1tbl, P1) ribbing for 1” Cast off in ribbing.



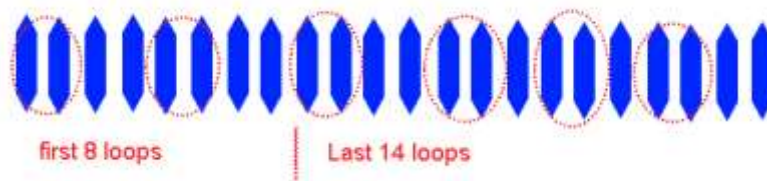
## Thumb:

**Row 1:** With RS facing, join yarn to base of thumb, pick up and knit 8 sts evenly across the base. K14 from stitch holder. Divide these 22 sts onto 3 needles [22 sts]

### Setting up loops for Thumb



**Row 2:** Decrease 6 stitches. [16 sts]



**Row 3:** Knit around evenly. [16 sts]

**Row 4-6:** Work 3 rnds of (K1tbl, P1) ribbing. Cast off in ribbing. [16 sts]

**Hide All Ends!**